

## **Bathurst Healthy Community Network**

### **What is meant by "Bathurst Healthy Community Network"?**

To explain this, the four words of the title will be defined:

**Bathurst:** The largest city of the Northeast is the centre of most activities (urban and rural). Bathurst was created a "Healthy Community" by the municipal council of the day - in March 1991.

**Healthy:** Health is defined as more than the absence of illness, it is a resource for everyday living. Assets for this quality of life include natural beauty, community-agencies, Culture and Heritage, the Spirit of the people and facilities for sports and recreation in the area.

**Community:** The community is made up of individuals and groups from all walks of life, e.g. industry, education, manufacturing, political, legal, social and many more.

**Network:** A network is a communication vehicle that assists people on many levels. The network allows for linkages between the groups, organizations and individuals in the community and promotes two way open communication.

### **Who are the members of this Network and whom do they represent?**

The original founders of the B.H.C.N. (Bathurst Healthy Community Network) include Public Health Nurses and Nutritionist followed by the Director of the Volunteer Centre and an employee of the N.B. Housing Department who recognized the need for co-operation and collaboration between groups in order to build a Healthy Community for all citizens. Today, thirteen different agencies are represented on the network.

For more information and details, to offer information and/or suggestions for inclusion in an up-coming meeting, call Monique LeBlanc at 547-2125.